


FAMILY PLANNING NATIONAL CONTRACEPTION TRAINING SERVICE MATRIX

	ONLINE	ONLINE	ONLINE	ONLINE	PRE-REQUISITES	PRACTICAL	OUTCOME	CERTIFIED TO
	NCTS Contraception Counselling + Self-assessment	*NCTS Intrauterine Contraception + Self-assessment	*NCTS Contraceptive Implant + Self-assessment	NCTS Train the Trainer + Self-assessment	Training pre-requisites to practical training Familiar with National Contraception Guidelines	Training requirements + Assessment	Successful Outcome = New Zealand Family Planning Certificates	Train / Mentor
ROLES								
Health Professionals	✓				N/A	N/A	Certificate of Completion in Contraceptive Counselling (CC)	N/A
Health Professionals	✓	✓			Certificate of Completion CC + 8 persons	1 demonstrated practical procedure + 7 practical procedures + Assessment	Certificate of Achievement Intrauterine Contraception Insertion & Removal	N/A
Health Professionals	✓		✓		Certificate of Completion CC + 5 persons	1 demonstrated practical procedure + 4 practical procedures + Assessment	Certificate of Achievement Contraceptive Implant Insertion and/or Removal	N/A
Train the Trainer **	✓	✓		✓	Certificate of Completion CC + Certificate of Achievement Intrauterine Contraception Insertion & Removal	N/A	Certified Trainer - Intrauterine Contraception (NCTS)	Train
Train the Trainer **	✓		✓	✓	Certificate of Completion CC + Certificate of Achievement Contraceptive Implant Insertion & Removal	N/A	Certified Trainer - Contraceptive Implant (NCTS)	Train
Clinicians who currently perform IUC procedures	✓	✓			Certificate of Completion CC + 1 person	Fast-track 1 observed successful practical procedure + Assessment	Certificate of Achievement Intrauterine Contraception Insertion & Removal	Mentor
Clinicians who currently perform Implant procedures	✓		✓		Certificate of Completion CC + 1 person	Fast-track 1 observed successful practical procedure + Assessment	Certificate of Achievement Contraceptive Implant Insertion and/or Removal	Mentor
FRANZCOG	✓	✓			Certificate of Completion CC			Mentor
FNZCSRH/FSRH	✓	✓			Certificate of Completion CC			Mentor
FNZCSRH/FSRH	✓		✓		Certificate of Completion CC			Mentor
Health Practitioners previously trained by NZ Family Planning	✓	✓			Previously trained to competence in LARCs by NZ Family Planning + Certificate of Completion CC			Mentor
Health Practitioners previously trained by NZ Family Planning	✓		✓		Previously trained to competence in LARCs by NZ Family Planning + Certificate of Completion CC			Mentor

National Contraception Training Services programme offers both online and practical training in IUC and Implants in alignment with the National Contraception Guidelines.

All trainees must be familiar with the National Contraception Guidelines.

There are three courses consisting of Contraceptive Counselling (pre-requisite to all courses), Intrauterine contraception and Contraceptive Implant. We are also offering an additional Train the Trainer online course for clinicians nominated as Trainers. For clinicians who are currently performing these procedures and want to be recognised as having full certification under this training programme there is a Fast-track option by completing all online training courses and doing one practical procedure under observation for evaluation.

- NB 1** A pre-requisite to Intrauterine contraception and Contraceptive Implant training is to have successfully completed Contraceptive Counselling training and be familiar with the National Contraception Guidelines.
- NB 2** A pre-requisite to Practical training in NCTS Intrauterine Contraception plus Assessment and NCTS Contraceptive Implant plus Assessment is to complete the online training for NCTS Intrauterine Contraception and/or NCTS Contraceptive Implants first.
- NB 3** A pre-requisite to Intrauterine contraception practical training is to be a cervical smear taker or insert a speculum to expose the cervix plus conduct a bi-manual examination. Clinicians who only want to learn how to remove IUCs are exempt.
- NB 4** A pre-requisite to Contraceptive Implant insertion and removal and Intrauterine Contraceptive insertion practical training is to nominate a mentor expert in these procedures who will provide further support after the initial training.
- NB 5** A pre-requisite to Train the Trainer training is to have successfully completed both online & practical training in either Intrauterine Contraception and Contraceptive implants. (This includes people who have had any formal training for the procedure).
- NB 6** Clinicians who currently perform procedures and want to become a mentor can do the Fast Track process to become certificated.
- NB 7** FNZCSRH/FSRH are exempt from the Intrauterine Contraception and Contraceptive Implant observation, FRANZCOG are exempt from Intrauterine Contraception practical observation and previously trained to competence by Family Planning can become Mentors by attaining a Certification of Completion Contraceptive Counselling, NCTS and by completing the online components of the Intrauterine Contraception and Contraceptive Implants courses.
- NB 8**  A white tick indicates pre-requisite for the selected training.
- NB 9** There is NO option for certification without observation of successful practical procedure plus Assessment. Fast-track is the quickest path to certification.