



FAMILY PLANNING NATIONAL CONTRACEPTION TRAINING SERVICE MATRIX

	ONLINE	ONLINE	ONLINE	ONLINE	PRE-REQUISITES	PRACTICAL	OUTCOME	CERTIFIED TO
	NCTS Contraception Counselling + Assessment	*NCTS Intrauterine Contraception + Assessment	*NCTS Implant Contraception + Assessment	NCTS Train the Trainer + Assessment	Training pre-requisites to practical training Familiar with National Contraception Guidelines	Training requirements + Assessment	Successful Outcome = New Zealand Family Planning Certificates	Train / Mentor
ROLES								
Health Professionals	✓				N/A	N/A	Certificate of Completion in Contraception Counselling (CC)	N/A
Health Professionals	✓	✓			Certificate of Completion CC + 8 persons	1 demonstrated practical procedure + 7 practical procedures + Assessment	Certificate of Completion Theory of IUC	N/A
Health Professionals	✓		✓		Certificate of Completion CC + 5 persons	1 demonstrated practical procedure + 4 practical procedures + Assessment	Certificate of Achievement Contraceptive Implant Insertion and/or Removal	N/A
Train the Trainer **	✓	✓		✓	Certificate of Completion CC + Certificate of Completion Theory of IUC	N/A	Certificate of Completion NCTS Train the Trainer	Train
Train the Trainer **	✓		✓	✓	Certificate of Completion CC + Certificate of Completion Theory of Contraceptive Implant	N/A	Certificate of Completion NCTS Train the Trainer	Train
Clinicians who currently perform IUC procedures	✓	✓			Certificate of Completion CC + 1 person	Fast-track 1 observed successful practical procedure + Assessment	Certificate of Achievement IUC Insertion and/or Removal	Mentor
Clinicians who currently perform Implant procedures	✓		✓		Certificate of Completion CC + 1 person	Fast-track 1 observed successful practical procedure + Assessment	Certificate of Achievement Contraceptive Implant Insertion and/or Removal	Mentor
FRANZCOG	✓	✓			Certificate of Completion CC		Certificate of Completion Theory of IUC	Mentor
FNZCSRH/FSRH	✓	✓			Certificate of Completion CC		Certificate of Completion Theory of IUC	Mentor
FNZCSRH/FSRH	✓		✓		Certificate of Completion CC		Certificate of Completion Theory of Contraceptive Implant	Mentor
Health Practitioners previously trained by NZ Family Planning	✓	✓			Previously trained to competence in LARCs by NZ Family Planning + Certificate of Completion CC		Certificate of Completion Theory of IUC	Mentor
Health Practitioners previously trained by NZ Family Planning	✓		✓		Previously trained to competence in LARCs by NZ Family Planning + Certificate of Completion CC		Certificate of Completion Theory of Contraceptive Implant	Mentor

National Contraception Training Services programme offers both online and practical training in IUC and Implants in alignment with the National Contraception Guidelines.

All trainees must be familiar with the National Contraception Guidelines.

There are three courses consisting of Contraception Counselling (pre-requisite to all courses), Intra-uterine contraception and Implant contraception. We are also offering an additional Train the Trainer online course for clinicians nominated as Trainers. For clinicians who are currently performing these procedures and want to be recognised as having full certification under this training programme there is a Fast-track option by completing all online training courses and doing one practical procedure under observation for evaluation.

- NB 1** A pre-requisite to IUC & Implant training is to have successfully completed Contraception Counselling training and be familiar with the National Contraception Guidelines.
- NB 2** A pre-requisite to Practical training in NCTS Intrauterine Contraception plus Assessment and NCTS Contraceptive Implant plus Assessment is the Certificate of Completion Theory of IUC and Certificate of Completion Theory of Contraceptive Implant respectively.
- NB 3** A pre-requisite to IUC practical training is to be a cervical smear taker or insert a speculum to expose the cervix plus conduct a bi-manual examination. Clinicians who only want to learn how to remove IUCs are exempt.
- NB 4** A pre-requisite to Implant Insertion & Removal and IUC insertion practical training is to nominate a mentor expert in these procedures who will provide further support after the initial training.
- NB 5** A pre-requisite to Train the Trainer training is to have successfully completed both online & practical training in either IUC and Implants. (This includes people who have had any formal training for the procedure).
- NB 6** Clinicians who currently perform procedures and want to become a mentor can do the Fast Track process to become certificated.
- NB 7** FNZCSRH/FSRH are exempt from the IUD & Implant observation, FRANZCOG are exempt from IUD practical observation and previously trained to competence by Family Planning can become Mentors but will only receive certificates for completion of the online courses only.
- NB 8**  A white tick indicates pre-requisite for the selected training.
- NB 9** There is NO option for certification without observation of successful practical procedure plus Assessment. Fast-track is the quickest path to certification.