



SEPTEMBER 2017



Kia ora

It's that time of year again! Our **Annual General Meeting** will be held on 1 December 2017 in Wellington, and as a valued Family Planning member, we would love if you could attend. Please [email us to RSVP](#).

We've got a special speaker for this year's meeting – our very own Dr Christine Roke, who recently celebrated 40 years with Family Planning. She'll be presenting on the topic, '40 years at Family Planning' - don't miss it!

***Annual General Meeting – 1 December 2017***

**Date:** Friday 1 December 2017, 2:00pm

**Venue:** Level 7, Southmark House, 203-209 Willis Street, Wellington.

The Annual General Meeting is also your opportunity to meet with and hear from Family Planning Council about our work over the past year, and the projects we have underway.

We hope that many of you from Wellington and beyond will be able to join us.

**Travel Grant**

As usual, we have a small budget set aside for out-of-town members who would like to attend. If you would like to apply for travel assistance, please [contact Anna Jackson-Scott](#) at National Office. All travel requests will be considered on a first-come, first-served basis.

### **Call for Remits or General Business**

Voting members (if you've been a financial member for three months or more then that's you) who would like to raise any remits at the AGM or to have an item added to the agenda should give notice in writing to [Anna Jackson-Scott](#) at National Office. Our constitution requires any remits or agenda items to be sent to us by 5pm Friday 3 November 2017.

### **Minutes of 2016 Annual General Meeting**

[You can view and print the minutes of the 2016 Annual General Meeting here.](#)

I will write to you again in late October with the Annual Report and with more details about the AGM. I very much look forward to seeing as many of you there as possible.

In other news, abortion law reform came up during the leaders' debate earlier this month, and I talked to TVNZ's Breakfast show about the case for law reform. [Watch the video here.](#)

Ngā mihi,



Jackie Edmond  
Chief Executive



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***Meet our Blenheim clinic team***

We have 28 clinics across the country - 20 in the North Island and 8 in the South Island. In this issue of *Forum* – we are profiling our Blenheim Clinic which is unique amongst all our clinics because it is entirely nurse run.



Our Blenheim clinic has been led for the past four years by nurse practitioner Robyn Kemp (pictured right) and newly registered nurse prescriber Rachell Webb (pictured left).

As nurses' scope of practice has expanded with the approval of nurse prescribing in November 2016, nurses are increasingly able to work in a more expanded way, with nurse practitioners working at a higher level again.

Robyn has been a nurse practitioner since 2013, and Rachell completed her nurse prescribing training in July this year. She can prescribe most medications needed for Family Planning nursing work, and anything she's not able to prescribe, Robyn can. So the client has access to medications they need.

"It works really well," Rachell says. "We talk about things all the time and if I have any concerns I can refer to Robyn."

And if Robyn needs a second opinion, she says there's always the support of being able to call a Family Planning doctor.

The two nurses treat a large variety of issues each week: performing STI checks and cervical screenings; Rachell does pre-IUD appointments, Jadelle insertions and removals, while Robyn does the IUD insertions. Robyn also sees people with more complex gynaecological problems.

Robyn was also Rachell's mentor while she was completing her nurse

prescribing work, as nurses working towards prescribing can be mentored by either a doctor or a nurse practitioner.

“It is great for Family Planning to be involved in the roll out. It is amazing that all the South Island nurses who were working towards their nurse prescribing were mentored by Nurse Practitioners – it acknowledges the work of Nurse Practitioners and their capability,” Robyn explains.

Nurses being able to prescribe benefits both clients and nurses, she says. “I could see the advantages for Rachell and for the clinic to provide much better care for people – and she’s much more able to work at the top of her scope.”

Now a registered nurse prescriber, Rachell also sees many improvements for the clinic and for nurses. “I think nurse prescribing is great. It gives you the ability to treat a little more promptly – usually I would run something by someone else, but now I’m a bit more confident. It gives you autonomy to provide treatment you’re pretty sure of without having to seek further opinions.”

Rachell also said that becoming a nurse prescriber has inspired her to further her training. “Nurse prescribing has given me the drive to go a little bit further and do some graduate study next year. It gave me the push. I’m aiming for a post-graduate authorised nurse prescriber, the next level of nurse prescribing.”

Robyn agrees. “It’s really important to encourage nurses to do what they want to do in terms of improving things for themselves and for clients.” This mean a smarter, faster service for clients. “It’s a win-win situation for everyone.”

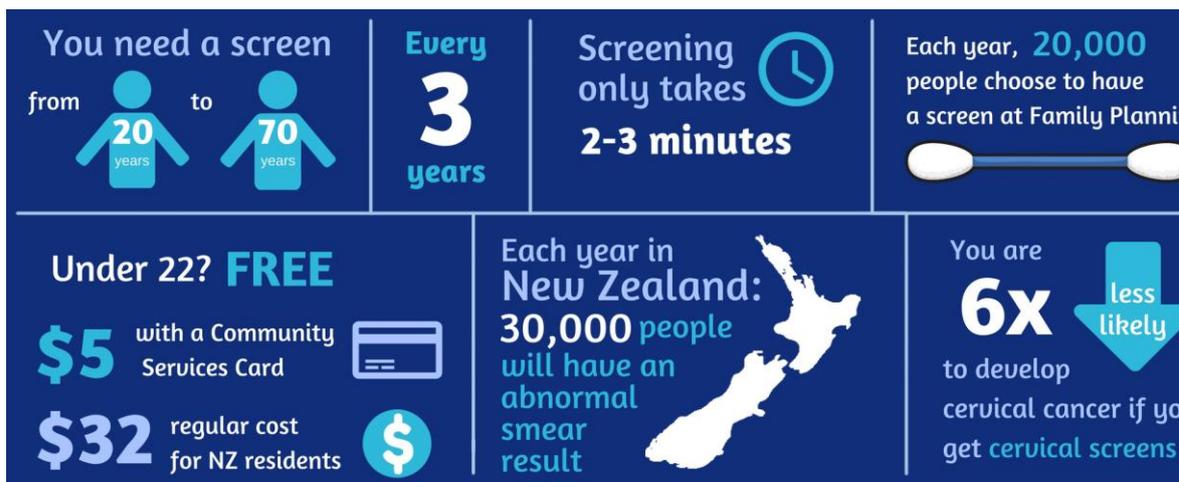
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## ***Cervical screening infographic***

September is cervical screening awareness month - a great opportunity to raise awareness about the need to get regular cervical screenings. We’ve put together a few different resources, including an infographic, and banners in

Tongan and Te Reo Maori.

We'd also love to hear any cervical screening memories or stories you might have – our favourite so far is a woman going for her final cervical screening at age 69 and abnormal cells being found - this goes to show how important cervical screens are - no matter what your age. Send us your stories at [communication@familyplanning.org.nz](mailto:communication@familyplanning.org.nz) and feel free to share the infographic with people who may benefit.



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## ***Consent sexuality education***

One of our health promoters, Lesley Ann Guild, was recently featured on Radio New Zealand's BANG! Ep 2: sex and sexuality. [You can listen to it here.](#)

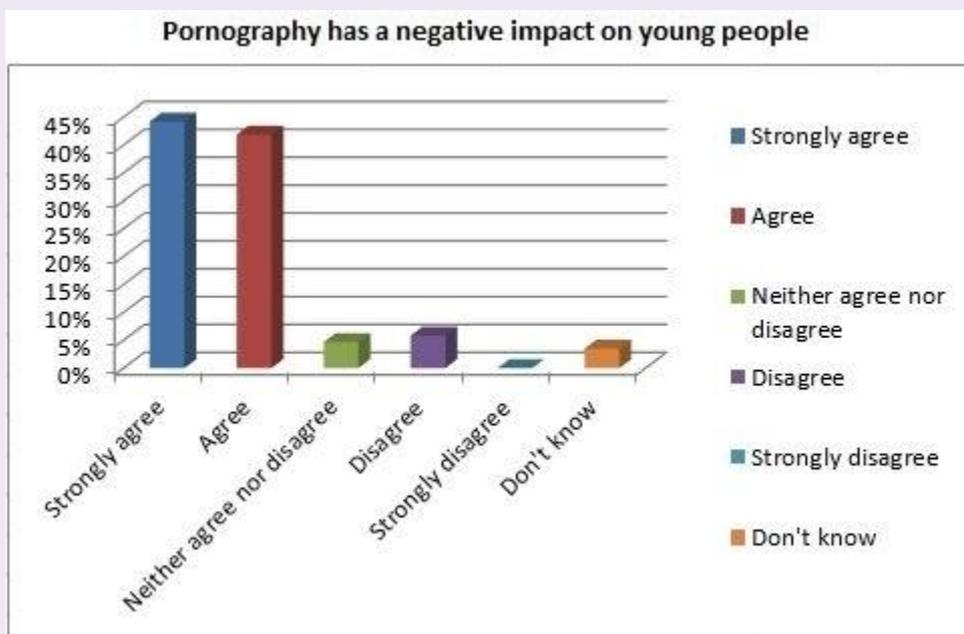
BANG! explores sex, sexuality and relationships, from parents attempting "the talk" with their children, through the fraught teen years, modern dating, long-term relationships, contraception and conception, right up to intimacy in retirement homes. Lesley-Ann was part of a panel discussion on young people and conversations about sex and sexuality.

Lesley-Ann has also done a video interview for the website [nowtolove.co.nz](http://nowtolove.co.nz). It wasn't published when this issue of *Forum* was finished but make sure to [follow us on Facebook](#)- we'll post it as soon as it's published.

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## ***Pornography survey results***

Thank you to everyone who completed our pornography survey. We had a number of insightful comments, and for the most part, you confirmed what we were already hearing - that the majority of you (86%) believe pornography has a negative impact on young people. The same percentage finds pornography to be a much bigger problem today than it was ten years ago, and almost all (93%) believe it is the way women are treated in pornography and unsafe sexual practices that are the concern, rather than that people are watching/viewing sex.



We've recently developed new content and resources to help parents and teachers talk to young people about pornography. Check out our pornography content and resources on our [website](#) including our new resource, [how to talk with your children about pornography](#).

## ***A Family Planning Film Fundraiser: Girl Rising***

We have an exciting awareness raising event coming up - [a film screening of Girl Rising](#).

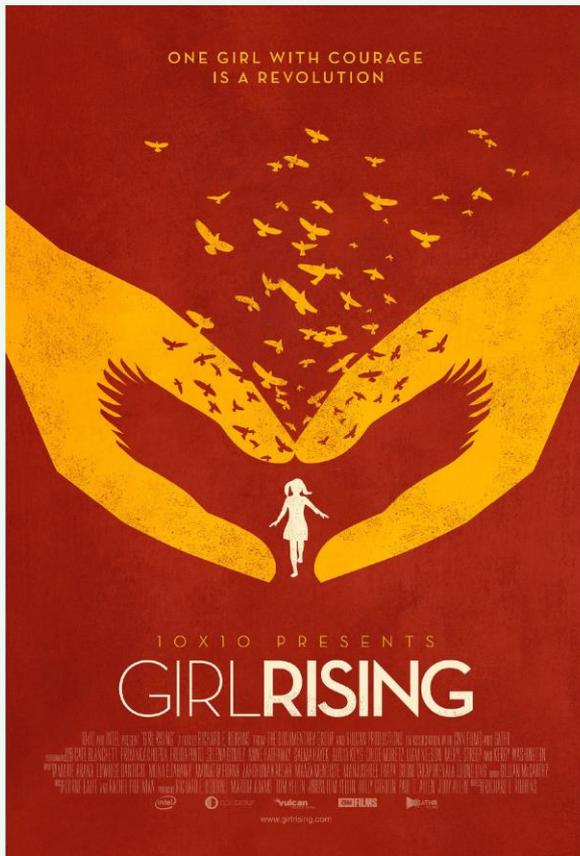
We are hosting the film evening to raise awareness of the impact of education on girls' and women's health and lives.

The movie tells the stories of nine girls from nine countries: (Sierra Leone, Haiti, Ethiopia, Afghanistan, Peru, Egypt, Nepal, India and Cambodia). Each girl had her story written by a writer from her country and voiced by renowned actors. Their stories reflect their struggles to overcome societal or cultural barriers to education.

[Watch the trailer here.](#)

The event will be held on **Tuesday 10 October**, the day before International Day of the Girl Child, a UN initiative to recognise girls' rights and the unique challenges girls face around the world, at **Nga Taonga Sound and Vision, 84 Taranaki Street, Wellington.**

**Make sure you've got your tickets sorted - [buy them on our website.](#)**



FAMILY PLANNING INVITES YOU TO A SCREENING

## Girl Rising

OCTOBER 10, 2017 | 6 PM | NGĀ TAONGA SOUND & VISION

Family Planning is hosting a film screening of *Girl Rising* to raise awareness of the impact of education on girls' and women's health and lives.

The film evening will be held on Tuesday 10 October, the day before International Day of the Girl Child initiative to recognise girls' rights and the unique challenges girls face around the world.

- Ngā Taonga Sound & Vision, 84 Taranaki St, Aro, Wellington
- Doors open 6pm, film starts 6:30pm
- Tickets \$20

Tickets available on our website  
[www.familyplanning.org.nz](http://www.familyplanning.org.nz)

## International Programmes Update

Our international programmes coordinator leaves for Kiribati later this week to visit the Kiribati Healthy Families Project. She is in Kiribati from 25 September until 5 October.

The main purpose of the trip will be to work with the Kiribati Family Health Association (KFHA) to set up for a clinical training for KFHA and Ministry of Health nurses in North and South Tarawa. Two of our nurses will arrive in Kiribati on 1 October to run the training in South Tarawa, and support KFHA to run the North Tarawa training. They will also work with nurses to do hands-on training in their clinics.

One focus is to train two nurses to insert IUDs – there's currently only one nurse in South Tarawa who can insert them. As IUDs are not very popular in Kiribati, finding enough clients for the nurses to meet their insertion numbers required for competency can be difficult.

Our international programmes coordinator will also catch up with members of the Kiribati Healthy Families Taskforce to help them to run SRHR projects in their organisations or communities. KFHA supports these projects through providing mobile clinics.

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## ***Madeleine Hawkesby joins IPPF Committee***



One of our Family Planning Council members, Madeleine Hawkesby, has been welcomed on to IPPF ESEAOR's new Regional Executive Committee (REC). Here she is (third from left) with the rest of the REC members and representatives.

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## ***Joyce Armstrong dies at 93***

One of our long standing members, Joyce Armstrong MNZM, passed away while sitting in the sun outside her home, on 12th September, aged

93 years. She leaves behind two daughters and sons-in-law, and six grandchildren.

She received her MNZM for services to the community in 2003. She has been a Family Planning member since 1950 and helped to establish the Whangarei clinic in 1960-1. She served as the Family Planning representative on the National Council of Women in Whangarei until 2009/10.

Joyce never ceased to be an advocate for women's health and rights, and her long history of advocacy continued right up to her death; she wrote to us in January this year following President Trump's inauguration, saying "Despite advances in society, there is no room for complacency when we consider planned law changes, (by men, of course) in the USA. It will be a tragedy for women if it is allowed. Have mercy on us, indeed."

We are grateful to Joyce for her decades of support and send our condolences to her daughters Lesley and Deborah and their families.

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## ***UNFPA Executive Director passes away***

Babatunde Osotimehin, Executive Director of the United Nations Population Fund, died suddenly, at the age of 68, in June this year.



A renowned global public health leader, Dr. Osotimehin was widely regarded for his work on sexual and reproductive health. He was appointed as the head of UNFPA in November 2010 and assumed office on 1 January 2011. He also held senior positions in Nigeria, and was for some time the country's Minister of Health.

UNFPA has yet to appoint a new Executive Director.



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