

# 2019 Training Courses Central-Southern Region

## Gisborne:

|  |                         |
|--|-------------------------|
| Primary Sexuality Education                  | Wednesday, 20 March     |
| Using <i>Navigating the Journey</i> (Y 1-4)  | Wednesday, 29 May       |
| Using <i>Navigating the Journey</i> (Y 5-8)  | Tuesday, 25 June        |
| Secondary Sexuality Education                | Wednesday, 14 August    |
| Using <i>Navigating the Journey</i> (Y 9-10) | Wednesday, 11 September |
| <i>Affirming Diversity</i>                   | Tuesday, 12 November    |

## Hawke's Bay:

|  |                      |
|--|----------------------|
| Primary Sexuality Education                  | Monday, 18 March     |
| Using <i>Navigating the Journey</i> (Y 1-4)  | Monday, 27 May       |
| Using <i>Navigating the Journey</i> (Y 5-8)  | Monday, 24 June      |
| Secondary Sexuality Education                | Friday, 16 August    |
| Using <i>Navigating the Journey</i> (Y 9-10) | Friday, 20 September |
| <i>Affirming Diversity</i>                   | Monday, 11 November  |

## Whanganui:

|  |                        |
|--|------------------------|
| Primary Sexuality Education                  | Thursday, 21 March     |
| Using <i>Navigating the Journey</i> (Y 1-4)  | Thursday, 23 May       |
| Using <i>Navigating the Journey</i> (Y 5-8)  | Thursday, 20 June      |
| Secondary Sexuality Education                | Thursday, 15 August    |
| Using <i>Navigating the Journey</i> (Y 9-10) | Thursday, 12 September |
| <i>Affirming Diversity</i>                   | Thursday, 7 November   |

For information on course content and registration go to: [familyplanning.org.nz/courses](http://familyplanning.org.nz/courses)  
Family Planning also offers FREE in-school teacher professional development and capability building nationally. Please contact us at **04 384 4349** or [national@familyplanning.org.nz](mailto:national@familyplanning.org.nz) to discuss this opportunity.

FREE online or phone consultation service for schools and youth workers.  
[familyplanning.org.nz/about/our-work/ask-for-an-online-consultation](http://familyplanning.org.nz/about/our-work/ask-for-an-online-consultation)



## Palmerston North:

Primary Sexuality Education  
Using *Navigating the Journey* (Y 1-4)  
Using *Navigating the Journey* (Y 5-8)  
Secondary Sexuality Education  
Using *Navigating the Journey* (Y 9-10)  
*Affirming Diversity*

Thursday, 28 March  
Thursday, 30 May  
Thursday, 27 June  
Thursday, 22 August  
Thursday, 19 September  
Thursday, 14 November

## Wellington:

Primary Sexuality Education  
Using *Navigating the Journey* (Y 1-4)  
Using *Navigating the Journey* (Y 5-8)  
Secondary Sexuality Education  
Using *Navigating the Journey* (Y 9-10)  
*Affirming Diversity*

Friday, 29 March  
Friday, 31 May  
Friday, 28 June  
Friday, 23 August  
Friday, 20 September  
Friday, 15 November

## Blenheim:

Primary Sexuality Education  
Using *Navigating the Journey* (Y 1-4)  
Using *Navigating the Journey* (Y 5-8)  
Secondary Sexuality Education  
Using *Navigating the Journey* (Y 9-10)  
*Affirming Diversity*

Tuesday, 19 March  
Tuesday, 21 May  
Tuesday, 18 June  
Tuesday, 13 August  
Tuesday, 10 September  
Tuesday, 5 November

## Christchurch:

Primary Sexuality Education  
Using *Navigating the Journey* (Y 1-4)  
Using *Navigating the Journey* (Y 5-8)  
Secondary Sexuality Education  
Using *Navigating the Journey* (Y 9-10)  
*Affirming Diversity*

Monday, 18 March  
Tuesday, 28 May  
Wednesday, 26 June  
Monday, 12 August  
Monday, 9 September  
Monday, 11 November

## Dunedin:

Primary Sexuality Education  
Using *Navigating the Journey* (Y 1-4)  
Using *Navigating the Journey* (Y 5-8)  
Secondary Sexuality Education  
Using *Navigating the Journey* (Y 9-10)  
*Affirming Diversity*

Wednesday, 20 March  
Wednesday, 22 May  
Wednesday, 19 June  
Wednesday, 14 August  
Wednesday, 11 September  
Wednesday, 6 November

### *Affirming Diversity*

This one-day course is for teachers, guidance counsellors, school nurses, social workers, community and youth workers. It explores diversity in sex, sexuality and gender. It includes values exploration and creating supportive environments, as well as a focus on using the *Affirming Diversity* teaching resource.

### Primary Sexuality Education

This half-day introductory course is intended for primary and intermediate school teachers. It will focus on learning more about sexuality education and exploring ways that it can be delivered using a best-practice, comprehensive approach.

### Secondary Sexuality Education

This half-day introductory course is intended for secondary school teachers and those working in alternative education settings. It will focus on learning more about sexuality education and exploring ways that it can be delivered using a best-practice, comprehensive approach.

### *Using Navigating the Journey (Y 1-4)*

This half-day course focuses on utilising the new *Navigating the Journey* Years 1-2 and Years 3-4 resources to deliver comprehensive sexuality education programmes to Year 1-4 students. (Note that these resources are reviewed and updated versions of the *Ka Puāwai - Ka Hiki Ki Te Haere* resource.)

### *Using Navigating the Journey (Y 5-8)*

This half-day course focuses on utilising the new *Navigating the Journey* Years 5-6 and Years 7-8 resources to deliver comprehensive sexuality education programmes to Year 5-8 students. (Note that these resources are reviewed and updated versions of the *The Sexuality Road – Discovering Me* resource.)

### *Using Navigating the Journey (Y 9-10)*

This half-day course focuses on utilising the new *Navigating the Journey* Years 9 and 10 resources to deliver comprehensive sexuality education programmes to Year 9 – 10 students, as well as in alternative education settings. (Note that these resources are reviewed and updated versions of the *Hei Huarahi* resources.)

Family  
Planning  
TRAINING  
COURSES  
2019

For information on course content and registration go to: [familyplanning.org.nz/courses](http://familyplanning.org.nz/courses)

## *Alcohol, Sex and Hauora*

This one-day course is for teachers, counsellors, school nurses, social workers and community youth workers and focuses on utilising the *Alcohol, Sex and Hauora* teaching resource to explore alcohol and its impact on sexual health and behaviour.

## Talking about relationships and sexuality with young people

This two-hour course is for guidance counsellors, school nurses, social workers, community and youth workers who would like to learn more about discussing relationships and sexuality with young people. It includes values exploration and aims to build comfort and confidence around this topic.

## Talking about sexuality and disability

This two-hour course is for carers, teacher aides and support staff who would like to learn more about discussing relationships and sexuality with young people and adults with learning disabilities. It includes values exploration and aims to build comfort and confidence around this topic.

## Teaching about pornography and sexuality education

This two-hour course is for secondary school teachers and school based professionals who would like to learn more about teaching about pornography and utilises the *What's In A Story* toolkit. Participants will receive an electronic copy of the toolkit at course completion. It includes values exploration and aims to build comfort and confidence around this topic.

## *The Colours of Sexuality: Sexuality education for young people with learning disabilities*

This one-day course is for teachers, teacher aides and support staff working in learning support units. It focuses on utilising the *Colours of Sexuality* resource to teach young people with mild to moderate learning disabilities about relationships and sexuality in secondary schools and special education settings.

Family  
Planning  
TRAINING  
COURSES  
2019

For information on course content and registration go to: [familyplanning.org.nz/courses](http://familyplanning.org.nz/courses)